

BAGEL BAR EAST

PLAIN | ONION | SESAME | EVERYTHING | WHOLE WHEAT | EGG | GARLIC | RYE | CINNAMON RAISIN | POPPY | SALT | BLUEBERRY | ASIAGO | POWER | MARBLE | OAT BRAN | SEVEN GRAIN | PUMPERNICKEL | WHEAT EVERYTHING | BIALY

EGGS

HOME FRIES, TOMATOES, GRITS OR OATMEAL

TWO EGGS / THREE EGGS | 10/11

FRIED, SCRAMBLED OR POACHED
BAGEL OR BIALY WITH CREAM CHEESE OR BUTTER
WITH BACON, TURKEY BACON, HAM, SAUSAGE OR TURKEY
SAUSAGE - ADD 3
WITH TAYLOR HAM - ADD 4

LOX OR NOVA, ONIONS & EGGS | 15

BAGEL OR BIALY WITH CREAM CHEESE OR BUTTER

STURGEON, ONIONS & EGGS | 15

BAGEL OR BIALY WITH CREAM CHEESE OR BUTTER

CORNED BEEF HASH & EGGS | 16

BAGEL OR BIALY WITH CREAM CHEESE OR BUTTER

EGG SANDWICH | 10

EGGS ANY STYLE
WITH CHEESE - ADD 1
WITH BACON, TURKEY BACON, HAM, SAUSAGE OR
TURKEY SAUSAGE - ADD 2
WITH TAYLOR HAM - ADD 4

EGGS BENEDICT | 17

POACHED EGGS WITH BACON SERVED OVER A TOASTED
ENGLISH MUFFIN TOPPED WITH HOLLANDAISE SAUCE
WITH NOVA - ADD 3

STEAK & EGGS | 19

EGGS ANY STYLE SERVED WITH A NEW YORK STRIP

AVOCADO TOAST | 16

WHOLE WHEAT TOAST TOPPED WITH AVOCADO, EGGS
AND EVERYTHING BAGEL SEASONING
WITH NOVA - ADD 3

BREAKFAST BURGER | 16

8OZ BURGER TOPPED WITH AMERICAN CHEESE, BACON
AND AN OVER EASY EGG

POWER WRAP | 13

SCRAMBLED EGG WHITES WITH TOMATOES, MUSHROOMS,
SPINACH AND SWISS CHEESE

BREAKFAST BURRITO | 14

SCRAMBLED EGGS WITH SAUSAGE, CHEDDAR CHEESE AND
GRILLED ONIONS TOPPED WITH SOUR CREAM AND SALSA

PROTEIN WRAP | 14

FIVE EGG WHITES WITH FRESH TURKEY

MATZO BRIE | 13

SERVED WITH APPLESAUCE OR SOUR CREAM
WITH ONIONS - ADD 1
WITH NOVA OR LOX AND ONIONS - ADD 3

OMELETTES

HOME FRIES, TOMATOES, GRITS OR OATMEAL
BAGEL OR BIALY WITH CREAM CHEESE OR BUTTER

BUILD YOUR OWN OMELETTE | 11

EACH ITEM - ADD 1

| | | |
|-----------------|----------------|------------|
| MUSHROOMS | HAM | CHEDDAR |
| AVOCADO | BACON | MUENSTER |
| TOMATOES | TURKEY BACON | AMERICAN |
| PEPPERS | SAUSAGE | SWISS |
| ONIONS | TURKEY SAUSAGE | PROVOLONE |
| SPINACH | SALAMI | MOZZARELLA |
| BROCCOLI | CORNED BEEF | FETA |
| KALAMATA OLIVES | PASTRAMI | ASIAGO |
| | TURKEY | |

FARMER OMELETTE | 15

HAM, BACON, SAUSAGE, GREEN PEPPERS, ONIONS
AND MUSHROOMS

IDAHO OMELETTE | 14

POTATO, BACON AND AMERICAN CHEESE

MEXICAN OMELETTE | 13

ONIONS, GREEN PEPPERS, TOMATOES AND CHEDDAR

EASTERN OMELETTE | 13

ONIONS AND GREEN PEPPERS

SPANISH OMELETTE | 13

OUR SPECIAL SPANISH SAUCE WITH ONIONS AND PEPPERS

GREEK OMELETTE | 13

SPINACH, CHOPPED ONIONS AND FETA

WESTERN OMELETTE | 14

HAM, PEPPERS AND ONIONS

VEGETARIAN EGG WHITE OMELETTE | 13

TOMATOES, ONIONS, GREEN PEPPERS AND MUSHROOMS

LOADED CHEESE OMELETTE | 14

CHEDDAR, MUENSTER, AMERICAN, SWISS, PROVOLONE,
MOZZARELLA, FETA AND ASIAGO

FROM THE GRIDDLE

BAGEL BAR SLAM | 16

2 EGGS WITH 2 SLICES OF BACON, 2 SAUSAGES OR HAM STEAK
2 PANCAKES OR 1 SLICE OF FRENCH TOAST

CHALLAH FRENCH TOAST | 13

CORNFLAKE CRUSTED FRENCH TOAST | 14

ALMOND CRUSTED FRENCH TOAST | 14

WITH EGGS ANY STYLE - ADD 2
WITH BACON, TURKEY BACON, HAM, SAUSAGE OR TURKEY
SAUSAGE - ADD 3
WITH TAYLOR HAM - ADD 4

PANCAKES | 13

WITH BLUEBERRIES, STRAWBERRIES, BANANAS OR
CHOCOLATE CHIPS - ADD 1
WITH EGGS ANY STYLE - ADD 2
WITH BACON, TURKEY BACON, HAM, SAUSAGE OR TURKEY
SAUSAGE - ADD 3

SHORT STACK | 11

WITH EGGS ANY STYLE - ADD 2
WITH BACON, TURKEY BACON, HAM, SAUSAGE OR TURKEY
SAUSAGE - ADD 3
WITH BLUEBERRIES, STRAWBERRIES, BANANAS OR
CHOCOLATE CHIPS - ADD 1

SILVER DOLLAR PANCAKES | 12/13

TEN OR FIFTEEN

BELGIAN WAFFLE | 12

WITH STRAWBERRIES AND WHIPPED CREAM - ADD 1
WITH BLUEBERRIES AND WHIPPED CREAM - ADD 1
WITH CHOCOLATE CHIPS - ADD 1
WITH EGGS ANY STYLE - ADD 2

CHICKEN & WAFFLES | 16

CRISPY FRIED CHICKEN ATOP A HOMEMADE BELGIAN WAFFLE

FISH PLATTERS

HAND-SLICED FISH SERVED WITH CAPERS, OLIVES, LEMONS,
LETTUCE, TOMATO, ONION, CREAM CHEESE AND BAGEL
CHIVE OR VEGGIE CREAM CHEESE - ADD 1⁵⁰

NOVA | 19

WHITEFISH CHUNK | 20

SALTY BELLY LOX | 19

STURGEON | 20

BAKED SALMON | 20

SABLE | 20

FISH FOR TWO | 35

CHOICE OF TWO:
NOVA, LOX, WHITEFISH, SABLE, STURGEON OR BAKED SALMON
INCLUDES TWO BAGELS

FISH FOR THREE | 50

CHOICE OF THREE:
NOVA, LOX, WHITEFISH, SABLE, STURGEON OR BAKED SALMON
INCLUDES THREE BAGELS

BAGELS

BUTTER OR JELLY | 4

PLAIN CREAM CHEESE | 5

CHIVE CREAM CHEESE | 6

VEGETABLE CREAM CHEESE | 6

NOVA SPREAD | 8

SLICED CHEESE | 10

CHOICE OF CHEDDAR, MUENSTER, AMERICAN, SWISS,
PROVOLONE OR MOZZARELLA

FRUIT

TROPICAL FRUIT SALAD | 16

HONEYDEW, CANTELOPE, PINEAPPLE, GRAPES, BANANAS
AND OTHER SEASONAL FRUITS TOPPED WITH HONEY AND
YOGURT, SERVED WITH HOMEMADE BANANA BREAD

HALF CANTELOPE OR HONEYDEW | 13

STUFFED WITH COTTAGE CHEESE

FRESH FRUIT | 9/13

CUP OR BOWL

YOGURT & FRUIT PARFAIT | 9

VANILLA YOGURT, STRAWBERRIES AND BLUEBERRIES
TOPPED WITH CRUNCHY GRANOLA

ACAI BOWL | 15

GRANOLA, ACAI, STRAWBERRIES, BLUEBERRIES, KIWI,
PINEAPPLE AND BANANA TOPPED WITH COCONUT FLAKES

SWEETS

BANANA BREAD | 5

MUFFINS | 5

CRUMB CAKE | 5

CINNAMON BUN | 5

DANISH | 6

BROWNIE | 6

JUNIOR'S NY CHEESECAKE - PLAIN, CHOCOLATE, RASPBERRY SWIRL OR RED VELVET | 8

RUGELACH | 1⁵⁰

LINZER TART | 1⁵⁰

HAMANTASCHEN | 1⁵⁰

RAINBOW CAKE | 1⁵⁰

SPRINKLE COOKIE | 1⁵⁰

ALMOND HORN | 1⁵⁰

CHOC CHIP COOKIE | 5

BLACK AND WHITE COOKIE | 6

SMILEY COOKIE | 6

OATMEAL COOKIE | 5

RASPBERRY BUTTER COOKIE | 1⁵⁰

SEVEN LAYER CAKE | 8

